***Synergy in Italy: 2022***

***The Island of Ischia***

**WEDNESDAY, September 21**

Depart US

**THURSDAY**

**September 22**

Arrive in Naples – Transport to Ischia

**FRIDAY**

**September 23**

Day in Ischia to center and relax

**SATURDAY**

**September 24**

Ischia Center and Castle exploration

**SUNDAY**

**September 25**

All day excursion to Capri by private charter

Island tour, Blue Grotto (conditions permitting)

**MONDAY**

**September 26**

Island hike and photos

**TUESDAY**

**September 27**

Ischia beach day

**WEDNESDAY**

**September 28**

Island of Procida with private guide

Beach and hike day

**THURSDAY**

**September 29**

“Take a day to satisfy your unique desire”

(says Claudio) “Also, pack” (says Robin)

**FRIDAY**

**September 30**

Travel to Naples – guided tour of city center

*(Shopping and Dinner on your own)*

**SATURDAY**

**Oct 1**

Excursion to Pompeii and Vesuvius – tour

**SUNDAY**

**Oct 2**

Bus to Naples Airport & return to US

***INCLUDED IN PRICE OF RETREAT:***

* YOGA & MEDITATION are daily group activities unless noted
* ALL HOTEL ACCOMMODATIONS INCLUDED (*presumes double occupancy -- $700 additional cost for single occupancy*)
* ALL BREAKFASTS & DINNERS INCLUDED\*
* Transportation for hotel transfers
* Transportation for planned excursions
* Cost of planned excursions

***NOT INCLUDED IN PRICE OF RETREAT***:

* Airfare to and from Naples, Italy
* Travel Insurance (REQUIRED)
* Any ***optional*** activities/rentals/tours
* Spa services
* Lunches
* Alcohol\*\*

\*Dinner not provided on 9/30

\*\*Provision of dinner wine at the discretion of hosts

TOTAL COST: $4,200 per person

No refund after July 15, 2022

Proof of travel insurance required by July 15

**Payment by check preferred – Make checks payable to:**

**Synergy Travel, LLC**

***Payment by credit card incurs 3.5% surcharge***

***COVID requirements will apply at time of travel.***

***More questions?***

***Contact Claudio at:***

***804-316-0993***

***ragazzi67@gmail.com***

***Contact Robin at:***

***804-363-1696***

***robinRashworth@gmail.com***